

The Worry of Worrying

***Find freedom from this time stealing,
emotion racking past-time.***

Are your thoughts filled with so much unproductive and unconstructive worry or fear that you never enjoy a moment's peace?

- Do you continually worry about the future?
- Are you preoccupied with the past?
- Do you have no time for the present?
- Do your fears and worries hold you back?

Some people worry frantically about the future; others absorb themselves in living in the past; and some concern themselves with both, so much so they can never enjoy the present.

It's time to trade those worries and fears in.

***Come and learn God's answer
to "worry."***

Eagles Rest Ministries
Harrisburg, Pennsylvania

Christian Living
ISBN 978-0-9821027-3-2



www.e-eaglesrest.com

